

R-1150

**2010 & UP, FIFTH GENERATION CAMARO HARNESS MOUNT BAR
INSTALLATION INSTRUCTIONS**

1. Remove rear seat: Lift up on the front of the rear seat. Pull up to unhook rear clips.
Note: Lap belt receivers are hard to get through the openings in the seat.
2. Install rear brackets: Remove 4 outer bolts (figure 1) and loosen the center bolt (figure 2). Slide rear brackets underneath (figure 3 and 4). Do not tighten bolts until both brackets are in. Rear seat cushion can now be reinstalled.



Figure 1



Figure 2

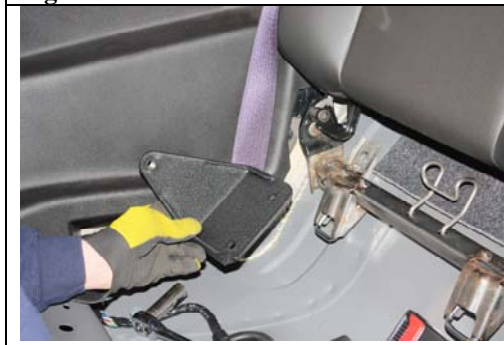


Figure 3



Figure 4

3. Remove both front sill plate lap bolts.

4. Install down tubes on harness bar. Note: lap belt clips go towards the outside of the car and face front (Figure5). Belt guide loops on the harness bar FACE UP (Figure 6).

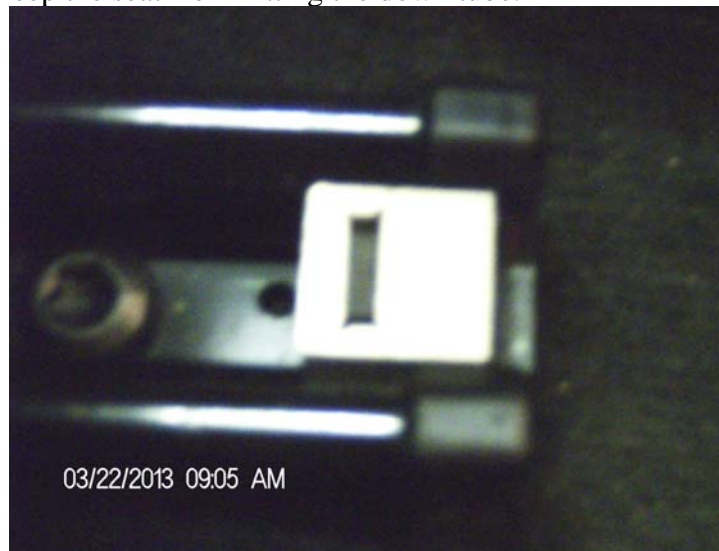


Figure 5



Figure 6

5. Install harness bar in car. Bar can be removed for daily driving. Back seat brackets can remain in car.
6. Adjust height by removing lower seat belt bolt. Loosen jam nut and turn down tube. Both adjuster bushings are right hand thread.
7. A seat stop is included. It slides over the factory seat stop. It can be installed in either direction to keep the seat from hitting the down tube.



Note: Periodically recheck fasteners for tightness. Shoulder straps should be wrap mounted around main tube and thru guides.

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